CaRe Netherlands School of Public Health and Care Research

Annual CaRe Days

8-9 May 2019
Eindhoven

am VUmc VU Vrije Universiteit Amsterdam UvA
Amsterdam Public Health

CAPHRI
Care and Public Health Research Institute

NIVEL
Kennis voor betere zorg

Institute for Health Sciences
Radboudumc

Netherlands School of Public Health and Care Research

Annual CaRe days 2019

Science for Citizens – Citizens for Science

Wednesday 8 May 2019

09.30h-10.00h	*Welcome and registration*
10.00h-10.10h	Opening by Onno van Schayck, Scientific Director CaRe
10.10h-10.40h	How to write a grant proposal?
10.45h-12.30h	Interactive session: writing a grant proposal together
12.30h-13.30h	*Lunch*
13.30h-15.30h	Parallel sessions: Presentations of PhD students

Theme Aging and long-term care
Chair Ruth van Nispen *Room* Lichttoren

- Wytske Meekes (Nivel) - Implementation of fall prevention in the primary care setting.
- Viviënne Huppertz (CAPHRI) - Malnutrition and Dysphagia in older Nursing Home Residents.
- Charlotte van Corven (RIHS) - SPAN+ project : Empowering people with dementia.
- Najada Stringa (APH) - Elucidating the genetics of frailty.
- Irina Motoc (APH) - Neighborhood sociodemographic, socioeconomic and physical characteristics and mental health in older age: A 10-year incidence study of depression and anxiety.
- Mignon Schichel (CAPHRI) - Senior Friendly Communities: designing an approach for cross-border exchange of public health policy.
- Suzanne Portegijs (Nivel) - 'Dementia back in the heart of the community'.

Theme Health Promotion
Chair Bas Steunenberg *Room* Elektron

- Laura Belmon (APH) - The development of a healthy sleep intervention for children aged 6-9 years living in disadvantaged neighborhoods in Amsterdam.
- Anna Janssen (RIHS) - The need for effective treatment adherence interventions in routine care for breast cancer patients on adjuvant endocrine treatment (AET).
- Hanne Sponselee (APH) - SMARTsize@Work: The combination of a lifestyle program and nudging in the company cafeteria.
- Nicole van den Bogerd (APH) - A field-experiment on the effects of indoor plants in study rooms on students' wellbeing, productivity, attention, perceptions, and the objective indoor climate.
- Marjolein Verburgh (APH) - ProudWoman: enhancing the health of menopausal women in lower socioeconomic positions.
- Heike Garritsen (APH) - Smoke-free sports clubs for a smoke-free generation.
- Mandy van den Berge (APH) - Adaptation of the Citizen Science approach to the workplace: A qualitative study.

Theme Quality of Care / HSR
Chair Cordula Wagner Room LED

- Marjolein van Rooijen (CAPHRI) - Measuring differently: Improving the quality of care using the experiences of people living with disabilities.
- Bart Bloemen (RIHS) - Facts and values in HTA: The case of non-invasive prenatal testing.
- Adinda Mieras (APH) - Preferred and achieved goals of patients with metastatic lung cancer and their oncologists.
- Karin van Leersum (CAPHRI) - Development and evaluation of a decision aid for clients facing the decision-making process for long-term care.
- Danny Claessens (CAPHRI) - Developing the Assessment of Burden of Chronic Conditions tool.
- Ingrid Kremer (CAPHRI) Development of a web-based patient decision aid for multiple sclerosis.
- Laxsini Murugesu (APH) - Shared decision making in integrated maternity care: Systematic development of health literacy sensitive strategies for professionals and clients.
- Laurens Reumers (CAPHRI) - Quantitative Health Impact Assessment Methodology for Societal Initiatives: A Scoping Review.

Theme Epidemiology and public health
Chair Maurice Zeegers Room Kelvin

- Login Alabdali (CAPHRI) - Upper extremity Limited joint mobility in type 2 diabetes (Research Network Family Medicine Maastricht).
- Felix Chilunga (APH) - Epidemiology and Epigenetics of Cardiovascular Risk Factors in Sub-Saharan African Populations in Europe and Africa: The RODAM study.
- Rok Hrzic (CAPHRI) - Ever Closer Union? Regional mortality convergence in the European Union: trends and determinants.
- Stan Wijn (RIHS) - Intra-articular corticosteroid injections for knee osteoarthritis associated with increased risk of total knee replacement: a study using data from the Osteoarthritis Initiative.
- Martien Graumans (RIHS) - Oxidative degradation of pharmaceuticals using thermal plasma activation.
- Etienne Duim (CAPHRI) - Life Course Socioeconomic Profile and Aging: A multivariate dimensional perspective.
- Jko Ogundele (CAPHRI) - Inequalities in Reproductive health care in five West-African Countries: A decomposition analysis of the wealth based gaps.

15.30h-15.45h	*Coffee/tea Break*
15.45h-16.15h	How to use social media as a data source for research and to present your work to the public? by Martijn van Oijen
16.15h-17.00h	Debate
17.00h-18.00h	*Drinks*

CaRe Netherlands School of Public Health and Care Research

Thursday 9 May 2019

10.00h-10.30h *Welcome and registration*

10.30h-10.40h Opening by Onno van Schayck, Scientific Director CaRe

10.40h-11.00h Plenary presentations of 3 best research ideas (of first day)

11.00h-11.30h The (im)possibilities of Big data in health care research, by Derek de Beurs

11.30h-12.00h Patient participation in research, by Maria van de Muijsenbergh

12.00h-12.30h "In one word, not from experience", by Patrick Bossuyt

12.30h-13.30h *Lunch (voting best research idea)*

13.30h-13.45h Presentation of Top 3 Care Award 2019 Candidates

13.45h-14.00h Presentation of the winner of the CaRe Award 2019, by André Knottnerus

14.00h-14.15h Announcement of the winners of the best research idea

14.30h-16.00h Parallel sessions

- The power of Social Media (PhD students)
  Room: Lichttoren
- Beating the imposter to become the owner of your project (PhD students)
  Room: Diode
- How can you involve patients in research? (seniors)
  Room: Kelvin

16.00h-17.15h *Drinks*

Thank you for attending the CaRe days 2019!

Pim Assendelft
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Professor Willem J.J. (Pim) Assendelft is professor and trained in epidemiology and general practice. The last 6 years he was head of the department of Primary and Community Care of the Radboud University Medical Center. In his former appointment in Leiden he chaired the university research theme 'Health, prevention and the human life cycle'. Before that he was head of guideline development of the Dutch College of General practitioners, and also director of the Dutch Cochrane Center.
He is one of the editors of the Dutch book 'Introduction in evidence-based medicine', which has already its 5th edition.
His research focuses on prevention (connection between public health and primary care) and on organization of integrated care and outcomes research.
His aim is to bridge the gap between research and practice. He is board member of the Radboudumc research theme "Healthcare Improvement Science" and member of the steering group of "Nijmegen Green, Healthy and in Movement", a 10-year collaboration between the municipal health service, municipality and the Radboud university medical center.
Recently he was appointed temporary ambassador 'Integration of public health and primary care services' by WHO-Europe.

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Dr Derek de Beurs is a senior GGZ researcher at Nivel and at the clinical psychology department of the VU. His PhD focused on the implementation of guidelines on suicidal behavior within mental health care. He has a GGZ fellowship from ZonMw to better predict and understand suicidality through new statistical techniques. Within the Nivel, he is the principal investigator on the topic of machine learning. Since 2017, Nivel has been actively applying machine learning techniques to Nivel care registration data. De Beurs will talk about the first successes and the various challenges of machine learning applications within healthcare. He also offers concrete tips to get started with this theme as a researcher. Knowledge about big data and machine learning techniques are important skills for young researchers and post-docs, although they are not yet standard in the training program.

Patrick Bossuyt
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Patrick M. Bossuyt is the professor of Clinical Epidemiology at the Amsterdam University Medical Centers, where he leads the Biomarker and Test Evaluation Research program. The BiTE Program aims to develop and appraise methods for evaluating medical tests and biomarkers, and to apply these methods in pragmatic clinical studies. In doing so, the program wants to strengthen the evidence-base for rational decision-making about the use of tests and testing strategies in health care. Bossuyt spearheaded the STARD initiative to improve the reporting of diagnostic test accuracy studies.
Dr Bossuyt has authored and co-authored several hundred publications in peer reviewed journals and serves on the editorial board of a number of these, including Radiology and Clinical Chemistry. He acted as chair of his Department for ten years and as chair of the Division of Public Health and Clinical Methods. He currently chairs the Scientific Advisory Committee of the Dutch Health Insurance Board, which oversees the health care benefits covered in the national health insurance program. In 2019, he received the Inspiring Minds award from the American Association of Clinical Chemistry.

Martine de Bruijne MD PhD
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Prof. Martine C. de Bruijne is Professor of Public Health, especially Quality of Care Amsterdam UMC. Martine is trained as a public health physician (1998), as well as in health informatics (1991) and clinical epidemiology (PhD 1997). Since 2001 she works as a researcher at VU medical center and EMGO+, which has in 2017 become part of the Amsterdam Public Health Institute. Her research is directed at teamwork to optimize quality and safety of care, evaluation of the national patient safety program for hospitals, and the influence of patient related factors. Currently, her research is connected to national developments on value based health care. She is responsible for education on Public health and Health care organization with a focus on quality and safety in health care at VUmc medical school and VU Health Sciences.

Annerika Gidding-Slok
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Annerika Gidding-Slok obtained her Health Sciences master's degree in 2009, with a specialisation in Health Promotion and Education. In January 2010 she started working at the department of Health promotion of Maastricht University as a research assistant. She was mainly involved in the development of an internet-based intervention for tailored smoking cessation counselling. In December 2010 she started working at the department of Family medicine of Maastricht University, and worked together with an expert group to develop a burden of disease instrument for COPD (in Dutch: De Ziektelastmeter COPD). In 2016 she obtained her PhD (Cum Laude) with her dissertation called: Towards personalised management using the Assessment of Burden of COPD (ABC) tool. In 2017 she received the CaRe Dissertation Award.
Annerika is now appointed as a post-doc researcher at research school CAPHRI of Maastricht University. She is currently supervising six PhD students who all work in the research line of the Assessment of Burden of Disease tool.
Annerika is working for research school CaRe as well. Amongst others, she organizes the CaRe days, chairs the PhD education Committee, and coordinates the publication of the CaRe newsletter.

Sophie Kells
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Sophie is a savvy, social media specialist who loves to use her analytical eye to develop creative strategies and content for digital media.

Sophie's background in visual arts and teaching bring a unique flair to her communication style (this might also explain my insatiable enthusiasm for presenting and visual media). She is an accomplished public speaker who not only gives regular workshops and guest lectures but has also been a moderator for events such as: The March for Science, TEDx Maastricht Pitch Night, TEDx Maastricht PhD Pitch Night and the upcoming Pint of Science.

Sophie loves copywriting, collaboration, and creating… did she mention alliteration? She promises to bring a sense of humour to any event.

Bart Kiemeney
Professor of cancer epidemiology
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After a short career as a physical therapist, Bart Kiemeney was trained as an epidemiologist at Radboud University (RU) in Nijmegen. After that, he became head of the population-based cancer registry at the Comprehensive Cancer Center in Nijmegen. Simultaneously, he completed his PhD thesis 'Prognostic assessment of superficial bladder cancer' at the RU. During a 2-year fellowship, he obtained further training in clinical epidemiology at the Fred Hutchinson Cancer Research Center, Seattle WA, and in genetic epidemiology at the Johns Hopkins University, Baltimore MD. In 1994, he returned to Nijmegen for a tenure track position in cancer epidemiology. In addition, he was research director at the Comprehensive Cancer Center IKO, Nijmegen. In 2003, he was appointed professor of cancer epidemiology at the RU. From 2012 until 2019, he was director of the Radboud Institute for Health Sciences, and from 2013 onwards chair of the Radboudumc Department for Health Evidence. His main research interests lie in the genetic and clinical epidemiology of urological cancers. In 2013, he was honoured with the Dominique Chopin Distinguished Researcher Award by the European Society for Urological Research (ESUR). He is member of Academia Europaea.

André Knottnerus
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André Knottnerus obtained his MD degree at the Vrije Universiteit in Amsterdam in 1977, and completed vocational training in general practice. He worked as general practitioner in Amsterdam and staff member at the Vrije Universiteit until 1982, when he started epidemiology training at Maastricht University. In 1986 he delivered his PhD thesis on clinical epidemiological methods in diagnostic research.
Since 1988 he is professor of general practice and primary care research at Maastricht University.
In 1990-1991 he was dean of the Medical Faculty, and subsequently research executive of the faculty board until 1994. From 1994 he was founding scientific director of the university's research institute for primary care (until 2000) and the Netherlands School of Primary Care Research CaRe (until 2002).
Since 1999 he is editor-in-chief of the Journal of Clinical Epidemiology. From 2001 to 2010 he was President of the Health Council of the Netherlands. From 2010 to 2017 Knottnerus was Chair of the Scientific Council for Government Policy (WRR).
In 2004 he was elected as a member of the Royal Netherlands Academy of Sciences (KNAW), and from 2009 to 2013 he was chair of the Medical Section of the Academy.
Knottnerus holds positions various national and international scientific and public health boards.
His research interest is focused on clinical epidemiological research, especially in primary and community care.

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Dr. Dionne Kringos holds a B.Sc. degree in Health Policy and Management, a M.Sc. degree in International Health Economics, Policy and Law, a M.Sc. degree in Health Services Research, and a PhD degree in Health Systems Research. From 2005 till early 2012 she worked as an International Health Systems and Services Researcher at the Netherlands Institute for Health Services Research (Nivel). In 2014-2015, she was a Commonwealth Fund Harkness Fellow in Health Care Policy and Practice at Harvard School of Public Health (Boston, USA).
She currently is working as Assistant Professor in Health Systems and Services Research and as Programme Leader in (Primary) Health Care System Development and Evaluation at the Department of Public Health of Amsterdam UMC - location Academic Medical Center (AMC) in the Netherlands. She combines this with her role as Vice-Director of the Amsterdam Public Health research institute (APH), and her role as Head of the WHO Collaborating Centre for Quality and Equity in Primary Health Care Systems; both based at Amsterdam University Medical Centers in the Netherlands. From 2016 to date, she has been appointed as a member of the European Commission's renewed Expert Panel on Effective Ways of Investing in Health. She is currently also leading the International Training Network for Healthcare Performance Intelligence Professionals (HealthPros), funded by the European Commission.
Her research focus is on Health System Strengthening, Health Systems Performance Assessment and Management, Health Policy Analysis and Evaluation, Health Information, Primary Care, Accessibility of Healthcare, Quality of Care, Indicator Development, end International Comparisons. She is dedicated to supporting evidence-based decision making that contributes to health system sustainability and improvement. In her research work, she works closely with international organisations (e.g. World Bank, OECD, World Health Organisation, European Commission) and national governments, to study and advise on health system strengthening.

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Prof. Dr. Maria van den Muijsenbergh is general practitioner and researcher at the department of Primary and Community care at Radboud University Medical Centre and at Pharos, the Dutch centre of expertise on health disparities. Her chair on "health disparities and person centered integrated primary care" focusses on the possible contribution of (primary) healthcare in reducing existing socio-economic and ethnic health disparities, and how healthcare best can be tailored to the needs of patients with limited health literacy and of migrants. Hence she is involved in national and international community oriented research projects and has ample experience in the meaningful engagement of these groups in participatory research in EU – funded projects like RESTORE, EUR-HUMAN and Oramma, projects with low literate and migrant patients with chronic stress in primary care, and on palliative care and shared decision making. Besides she is involved in undergraduate, post-graduate and vocational education for doctors, nurses and other medical professionals on health disparities, and person centred integrated care for migrants and persons with low health literacy.

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Ruth M.A. van Nispen, PhD, is associate professor at the department of ophthalmology and Amsterdam Public Health research institute. She has a background in psychology (MA) and epidemiology (MSc). She obtained a PhD degree in 2009 from the Faculty of Medicine of the VU University on the topic of longitudinal measurement of the older patient's vision-related quality of life.
Ruth manages the Low Vision Research group which consists of PhD candidates, junior researchers, postdocs and medical students. She has published in international peer-reviewed journals and book-chapters for example on the topics of evidence based rehabilitation for the visually impaired, psychological functioning and psychometric studies on vision-related quality of life, reading and participation. The focus of her research is on enhancing care in the relatively new field of low vision rehabilitation, in order to improve participation and quality of life in severely visually impaired patients.
Currently, Ruth is editorial board member of Ophthalmic and Physiological Optics and associate editor of BMC Medical Research Methodology. Apart from research, Ruth coordinates education and scientific internships at the ophthalmology department for medical students and chairs the Committee Quality of Education of the Amsterdam Public Health research institute on behalf of VUmc-VU. The focus of this Committee is on innovations in Education and Supervision policy of PhD students and postdocs.

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Martijn van Oijen is associate professor in quality of cancer care, appointed at the department of medical oncology of the Amsterdam Univerisity Medical Center. He serves as program leader Evaluation of cancer care for the Cancer Center Amsterdam, and holds a position as senior researcher at IKNL as a member of the scientific board of PALGA. He studied Biomedical Sciences at the Radboud University with two majors: epidemiology and health technology assessment. At the same university, he received his PhD degree and started a post-doc for the Parelsnoer Initiative. He then became assistant professor at UMC Utrecht, and at the University of California Los Angeles (UCLA), where he got promoted to associate professor and was the associate director of the quality initiative of the division of digestive diseases. Based on his research in the field of social media he presented in the postgraduate course -with attendance of 10,000 international gastroenterologists (in training) - of the Digestive Disease Week 2013 in Orlando, FL.
In 2014, Van Oijen started in Amsterdam, and his current research consists of development of decision support based on analyses of large datasets (including the Netherlands Cancer Registry and PALGA), systematic reviews with (network) meta-analyses, implementation research around multidiscplinary tumor boards, and using wearable technology to follow patients with cancer during treatment.
Van Oijen has published over 200 papers in the field of gastroenterology and oncology.

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Jany Rademakers (ontwikkelings- en klinisch psycholoog) is Hoofd Onderzoeksafdeling / lid MT bij het Nivel en hoogleraar Gezondheidsvaardigheden en Patiëntparticipatie bij CAPHRI, Vakgroep Huisartsgeneeskunde, Maastricht University. De focus van haar onderzoek is hoe patiënten en cliënten de kwaliteit van de zorg ervaren en welke vaardigheden ze nodig hebben om zelf een actieve rol in het zorgproces op zich te kunnen nemen. Ook onderzoekt ze hoe zorg en preventie beter afgestemd kunnen worden op de behoeften en mogelijkheden van mensen met beperkte gezondheidsvaardigheden. Naast nationale projecten is Jany Rademakers ook betrokken bij internationale projecten, waaronder de Europese HEALIT4EU studie waarin beleid en activiteiten op het gebied van gezondheidsvaardigheden in alle Europese lidstaten werden geïnventariseerd, en het HORIZON 2020 project COMPAR-EU waarin gekeken wordt naar de (kosten-)effectiviteit van zelfmanagement interventies in Europa. Jany Rademakers is lid van de stuurgroep van de Alliantie Gezondheidsvaardigheden. Ook is ze lid van de promovendi-opleidingscommissie van CaRe.

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Prof. Dr. Onno van Schayck is born in Sorong Irian Jaya (New Guinea) on 16 April 1958. After obtaining his PhD on the Faculty of Medicine of the University of Nijmegen (The Netherlands) he started in 1990 as research coordinator at the Department of General Practice of the University of Nijmegen and since 1996 also at the Department of General Practice of the University of Maastricht. In 1998 he was appointed as professor of medicine of the Faculty of Medicine of the University of Maastricht and the University of Nijmegen. The past 25 years he has been in charge over 60 research projects especially concerning the diagnosis and treatment of asthma and COPD and smoking cessation in primary care. He was promotor of 65 PhD students.
Since 1990, Van Schayck has published more than 450 papers in peer reviewed international journals, among which the highest impact medical journals such as the New England Journal of Medicine, The Lancet, the British Medical Journal (BMJ) and the Journal of the American Medical Association (JAMA). Total funding obtained until 2015 adds up to 46 million Euro governmental and charity grants.
In 1999 he was appointed in the board of the Faculty of Medicine of the University of Maastricht and on 1 October 2000 he became Scientific Director of the Care and Public Health Research Institute (CAPHRI). He was chair or member of many national scientific advisory boards (4-6th Framework EU Funding, Zon MW, Vidi, TOP, Lung Foundation) and the Dutch Health Council. In 2013 he was appointed as Scientific Director of the Netherlands School of Public Health and Care research..

Bas Steunenberg
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Bas Steunenberg is docent aan de opleiding Management in de Zorg en onderzoeker bij het Lectoraat Innovatie van Zorgprocessen in de Farmacie. Bas studeerde Psychologie en promoveerde in 2006 in de psychologie op zijn epidemiologische proefschrift (Vrije Universiteit Amsterdam) over de longitudinale relatie tussen depressie en persoonlijkheid bij ouderen (Longitudinal Ageing Study Amsterdam). Bas werkte 10 jaar als afstudeerbegeleider en docent onderzoeksmethoden aan de Vrije Universiteit bij de Afdeling Klinische Psychologie. Sinds 2010 hij verbonden aan de opleiding Management in de Zorg aan de HU Amersfoort. Hij verzorgt colleges over gezondheid, gedrag en leefstijl en organisatie van de zorg en ethiek. De afgelopen jaren hield hij zich bezig met wetenschappelijk onderzoek op het terrein van de organisatie en doelmatigheid van de brede ouderenzorg en welzijn, onder meer bij het NUZO ((www.nuzo-utrecht.nl). Hij was projectleider voor een project over de toeleiding tot de zorg en het welzijn van oudere migranten en een multidisciplinaire leefstijlinterventie voor pre-kwetsbare ouderen.

Binnen het Lectoraat Innovatie van Zorgprocessen in de Farmacie is hij projectleider van een aantal onderzoeksprojecten binnen de onderzoekslijn ‘’Communicatie met de patient’’ en ‘’Farmaceutische processen’’. Als hogeschoolhoofddocent probeert hij de ‘’evidence-based’’ brug te slaan tussen onderwijs, onderzoek en de beroepspraktijk.

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Ellis Vyth obtained a PhD in Nutrition and Health Sciences, after which she created her own research line in the area of health policies at schools and healthy canteens. Besides that she advised day care centres, schools and other organisations to improve their food policies. Currently she trains mostly scientist in the field of communication, project management, and other transferable skills. Her passion is to inspire scientists to become excellent communicators. She loves to help people to discover their own qualities. Ellis is an experienced trainer who knows all the ins and outs of the scientific community. She is an expert in creating multidisciplinary collaborations between research, policy and practice. In a training, Ellis brings passion, enthusiasm and a listening ear. Networking, listening to people and building relationships give her energy.

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Cordula Wagner (PhD, physiotherapist, sociologist) is executive director of the Netherlands Institute of Health Services Research (Nivel) in Utrecht and works as a professor of patient safety at VU University medical center in Amsterdam. She is also head of the patient safety research center 'Safety 4 Patients', a collaboration of EMGO+/VUmc and Nivel.

For the last 20 years Cordula has been involved in a substantial number of projects focussing on a) the implementation of quality systems among healthcare institutions and professionals, b) the evaluation of national quality programs and more specific quality improvement activities such as guidelines, team-training and break through projects, c) the relation between quality systems, care process and clinical outcomes, and d) risk management and patient safety. The research takes place in various health care fields, e.g. hospitals, nursing homes, primary care and mental health care organisations. She has also participated in a number of European projects focussing on quality and patient safety.

Maurice Zeegers
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Maurice is professor of Complex Genetics and Epidemiology and serves as the current Scientific director Maastricht University's Care and Public Health Research Institute (CAPHRI). He conducts scientific research within CAPHRI but also within the NUTRIM School of Nutrition and Translational Research in Metabolism. His research interest is in Epidemiology from which he reaches out into adjacent disciplines such as analytics, genomics and forensic medicine to lead new innovations and leave a legacy in public health. Maurice has published over 250 international peer-reviewed scientific papers and three books. He studied occupational therapy, health sciences (health promotion and epidemiology), genetics and is currently trying to obtain his MBA.