

# Public Health and Care Research Leadership Programme

## Starting points

- ∞ Two year programme, starting 8-10 July 2024
- ∞ Intake assessment/interview
- ∞ Experiential learning with elements of theory
- ∞ Two 2,5 day modules per year (spring and fall)
- ∞ Participants build their own Leadership Development Portfolio
- ∞ Experts in the field of public health and care research as teachers
- ∞ Registration fee for the total program: €8,500,- (Overnight stays (€80-€125 per night) are not included)

## Programme elements



Individual coaching



Modules



Mutual learning groups



Inspirational content between modules

Interested in the experiences from former participants? [Click here](#)

## Learning goals

- ❖ Being able to lead yourself and others
- ❖ Developing an entrepreneurial mindset and creativity
- ❖ Building effective teams and skills to navigate the network
- ❖ Knowing how to lead change

## Target group

- ⋮ Post-doc researchers >5 years experience after obtaining PhD
- ⋮ Who have the ambition to improve their knowledge and skills to become leading researchers in public health and care research

## Selection criteria

- ✓ Several years experience with leading a group of researchers
- ✓ Research track record as evidenced by publications
- ✓ Current and future research activities

Apply by sending an email to [care-secretariaat@maastrichtuniversity.nl](mailto:care-secretariaat@maastrichtuniversity.nl)

- ✓ Motivation letter direct supervisor
- ✓ Motivation letter participant
- ✓ Two reference letters
- ✓ Cv

Your application will be reviewed by a selection committee

# Public Health and Care Research Leadership Programme

Assessment Interview



March 2024

Intake 1x



8-10 July 2024

Module 1; Cambridge



September - October 2024  
Mutual Learning Group



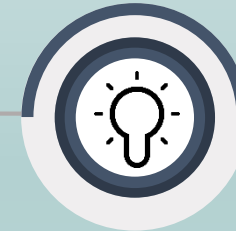
December 2024

Module 2



November 2024

Inspirational content



January - June 2025  
Individual Coaching 1x



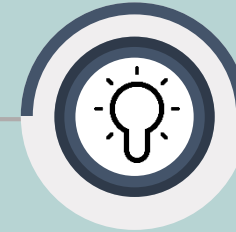
February 2025

Mutual Learning Group

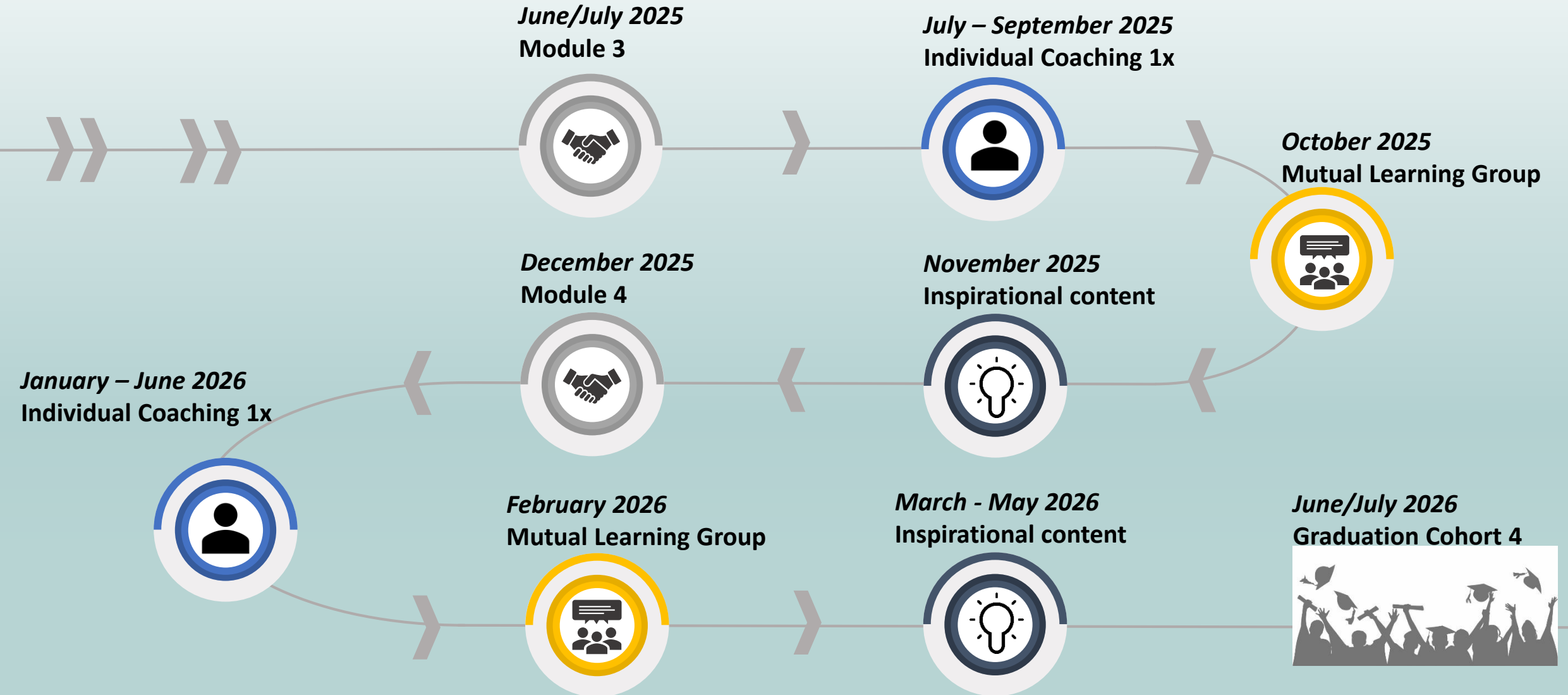


March - May 2025

Inspirational content



# Public Health and Care Research Leadership Programme



# Modules

## **Module 1 Leading yourself and others**

Day 1 Welcome, acquaintance, meeting coaches, dinner speaker

Day 2 Buddy breakfast

Shape your own leadership role and understand leader-follower dynamics. Cultivate a pro-active and assertive attitude regarding your own career

Dag 3 Develop and share your research vision, master storytelling and customized pitching with impact

## **Module 2 Entrepreneurial mindset**

Day 1 Welcome, dinner speaker

Day 2 Buddy breakfast

Develop your entrepreneurial spirit and passion for public health research

Day 3 See and create opportunities in research with societal impact

Research integrity  
Publication strategies

Understand the funding landscape and develop your ability to address priorities of funding agencies

*Participants will prepare for the modules through readings and short assignments*

# Modules

## **Module 3 Leading change**

Day 1 Welcome, dinner speaker topic tbd by group

Day 2 Buddy breakfast  
The meaning of change, understanding different change processes and approaches

Day 3 Leading change and developing higher level strategic thinking to navigate change in an agile manner

## **Module 4 Building teams, navigating the network**

Day 1 Welcome, dinner speaker on triple helix partnerships in research

Day 2 Buddy breakfast  
Develop skills to manage complexity: perspective taking, negotiation, influencing and persuasion skills

Day 3 Understanding team dynamics and leading effective teams

*Participants will prepare for the modules through readings and short assignments*

# Learning goals of the programme

To become a leading researcher in the public health / care research domain requires more than being an excellent scientist. In addition to acquiring competences concerning content, you also need knowledge, skills and tools to understand and manage the context. This implies -all in the public health and care research context-:

- **Being able to lead yourself and others**
  - Shape your own leader role and understand leader-follower dynamics, cultivate a proactive attitude towards your own career, your organization and society, develop and share your research vision and social impact, build your presence for different audiences and strengthen your visibility as a leader, master storytelling and customized pitching with impact.
- **Developing an entrepreneurial mindset and creativity**
  - Grow your entrepreneurial spirit, see and create opportunities for research (grants), understand the funding landscape and societal impact, further develop your passion for public health and care research.
- **Building effective teams and skills to navigate the network**
  - Develop skills to manage complexity, understand and effectively lead team dynamics. Know how to connect science to practice, strengthen your international network and be visible in it.
- **Knowing how to lead change**
  - Understand different change processes and your role within them. Develop higher level strategic thinking to navigate change in an agile manner.